

Marty J. Rein, Ph.D., LPC, CAC III
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Curriculum Vitae

Education:

Colorado State University
Doctor of Philosophy: Educ. and Human Resource Studies
Concentration: Human Development and Family Studies Aug. 2011

Colorado State University
Master of Education: Education & Human Resource Studies
Concentration: Community Counseling
CACREP Accredited Aug. 2007

Colorado State University
Bachelor of Music
Concentration: Music Education, K-12 Dec. 1990

Licenses & Certifications:

Licensed Professional Counselor #5666 May 2010
Certified Addiction Counselor III #7103 Feb. 2011

Clinical Experience:

Clinical Director *Oct. 2018 - present*
AspenRidge Recovery Fort Collins, Ft. Collins, CO
Serves as Clinical Director for AspenRidge North.
Provides therapeutic services to patients and families including triage, assessment, treatment, resource information and referral, education, insurance utilization, and disposition planning. Functions as part of an interdisciplinary team that includes physicians/psychiatrists and other medical providers to develop individualized treatment plans. Coordinates case management and appropriate disposition. Provides assessment and triage for psychiatric emergencies. Determines appropriate level of care based on knowledge of addiction and the difference between use, abuse, and dependence according to ASAM criteria. Coordinates interface with community agencies. Participates in patient and significant other orientation, education, treatment, and discharge planning. Develops program material for CDIOP groups and inpatient substance abuse clients. Trains, mentors and supervises CDIOP staff and interns. Provides community education and marketing for substance abuse services offered. Coordinates and provides comprehensive internship opportunities for counselors in training.

Private Practitioner

Nov. 2010 - present

Rein Therapeutic Counseling and Consulting LLC, Ft. Collins, CO

Provides generalist counseling services with a focus in addiction, co-occurring disorders, domestic violence, depression, anxiety, stress, relationship difficulties, body image/eating disorders, grief/loss, consultation/referral services, and clinical supervision. Maintains accurate records and documentation of services. Provides supervision for those seeking licensure or certification. Adheres to ethical guidelines provided by the State Board of Colorado and the profession.

Group Facilitator/Community Liaison

Nov. 2010 - present

Outside contractor for MusiCares®, Nashville, TN

Acts as group facilitator for Musician's Recovery Support Group to provide support for musicians seeking to sustain a recovery lifestyle while working in the music industry. Organizes and provides group meeting space and meeting schedule. Promotes group within the community and provides consultation/referral services. Promotes other MusiCares® services through community outreach. Participates in and aids in organization of MusiCares® Safe Harbor Rooms for the Grammy Awards, Bohemian Nights at New West Fest, and as required at other events.

CDIOP Coordinator

Apr. 2015 - Sept. 2018

Mountain Crest Regional Behavioral Treatment Center, Ft. Collins, CO

Serves as program coordinator for Chemical Dependency Intensive Outpatient Program (CDIOP) at Mountain Crest. Provides therapeutic services to patients and families including triage, assessment, treatment, resource information and referral, education, insurance utilization, and disposition planning. Functions as part of an interdisciplinary team that includes physicians/psychiatrists and other medical providers to develop individualized treatment plans. Provides case management and appropriate disposition. Provides assessment and triage for psychiatric emergencies. Determines appropriate level of care based on knowledge of addiction and the difference between use, abuse, and dependence. Coordinates interface with community agencies. Participates in patient and significant other orientation, education, treatment, and discharge planning. Develops program material for CDIOP groups and inpatient substance abuse clients. Trains, mentors and supervises CDIOP staff and interns. Provides community education and marketing for substance abuse services offered.

Adjunct Faculty Practicum Supervisor

Jan. 2017 - May 2017

Colorado State University School of Education, Ft. Collins, CO

Supervises, and instructs students enrolled in Counseling Practicum, a graduate level course in the Counseling and Career Development Program in the CSU School of Education. Provides group and individual supervision to refine and develop students' counseling/interviewing skills. Aids student to expand and

apply their repertoire of counseling theories, strategies, techniques, and interpersonal relationship skills. Enhances diagnostic knowledge. Provides observation, direct feedback, and formal evaluation. Maintains accurate records and adherence to ethical guidelines.

Clinical Supervisor

Dec. 2013 - Mar. 2015

Northern Colorado AIDS Project, Ft. Collins, CO

Provides bi-monthly individual clinical supervision, addiction counseling education, and ethical support to case management, mental health counseling, and prevention staff. Attends case management, prevention, regional advisory committee, and/or supervisor team meetings.

Individual & Family Therapist

Jan. 2012 - Oct. 2013

Inner Balance Health Center, Loveland, CO

Provided individual, family, and group counseling to residents and their families in a 28-day treatment setting. Presented multiple modalities to enhance continuance of recovery behaviors for patients in their post-treatment experience as they re-enter their previous or new living situations. Helped residents to identify individual triggers to substance use and coping mechanisms to maintain healthy behaviors in real world situations. Encouraged patients to thoroughly examine themselves to increase their coping abilities and determination to remain in recovery. Provided clinical supervision to graduate intern trainees. Remained available for specialty services as required or requested. Maintained accurate records. Developed and assessed the family program ongoing and adjusted services appropriately.

Clinician/Graduate Student Assistant

Aug. 2008 - May 2011

DAY Programs, CSU Counseling Center, Ft. Collins, CO

Acted as Lead Case Manager and Clinician for the DAY (Drugs, Alcohol, and You) Programs. Provided training for interns and other trainees in case management, BASICS (Brief Alcohol Screening and Intervention for College Students), and operations of the Back-On-TRAC (Treatment, Responsibility, and Accountability on Campus) Program. Provided leadership to case managers in the form of support and remaining available as a resource for consultation. Provided supervision for BASICS clinicians to ensure consistent and ethical treatment of clients and facilitate development of counseling and psychology trainees. Implemented changes to streamline the process for case management and facilitate a positive working environment. Developed database-reporting methods to provide means for researchable evaluation of programs and to expedite record keeping procedures. Revised case management operating manual, contracts, and procedures to stay up to date with procedures and better serve the university, program, clients, and community. Managed a caseload of individual clients assigned to the Back-On-TRAC Program. Provided therapy for clients with alcohol/other drug issues and co-occurring disorders and/or difficulties including, but not limited to conditions such as anxiety, depression, stress, relationship difficulties, body image, and scholastic issues. Conducted

BASICS (Brief Alcohol Screening and Intervention for College Students) interviews utilizing a Motivational Interviewing approach. Appropriately referred clients to relevant services within the university and the surrounding community. Documented accurate client records. Facilitated psycho-education groups in relation to alcohol education, risk management, harm reduction, and change processes. Acted as liaison with the Conflict Resolution and Student Conduct Services office as well as other community agencies.

Drug and Alcohol Counselor

Mar. 2008 - Aug. 2009

Alcohol Counseling and Guidance Services, Fort Collins, Colorado

Provided group therapy to clients with drug and alcohol related moving violations while adhering to ADAD requirements. Focused on reducing recidivism, relapse prevention, raising self-awareness, alcohol and other drug education, improving decision-making skills, and developing healthy relationships. Completed case notes. Maintained accurate records. Provided relevant information to probation officers as requested while adhering to limits of confidentiality.

Graduate Teaching Assistant

Jan. 2008 - May 2008

Colorado State University Department of Education, Ft. Collins, CO

Provided supervision to Master's level counseling students participating in the counseling practicum experience. Participated in weekly group and individual supervision with supervisee, class, and instructor. Provided lesson plans for class education and support on issues such as ethics, substance use, case planning and conceptualization. Assisted instructor as needed.

Primary Therapist

Aug. 2007 - Jan. 2008

Coral Reef Academy & My Choice Programs, Apia, Samoa

Provided individual therapy to clients with a variety of presenting issues such as: drug/alcohol abuse and dependence, codependency, depression, anxiety, obsessive-compulsive disorder, gang involvement issues, oppositional defiance, conduct disorder, self mutilation, adoption, family of origin issues, sexual orientation, Asperger's Disorder, and anti-social personality disorder. Facilitated interpersonal process groups and psycho-educational groups related to drug/alcohol abuse and dependence, relapse prevention, crisis intervention, life skills, conflict resolution, positive peer culture, and anger management. Utilized integrative family therapy model during family visits and via phone. Educated parents on issues such as codependency, relapse prevention, and post treatment planning. Managed and maintained accurate client records. Provided liaison services and clinical reports to Educational Consultants and parents. Developed substance use education and treatment plans. Increased awareness of Samoan history, culture, and social mores through participation in cultural activities and relationship building. Managed and mentored Samoan floor staff tasked with milieu management and assigning consequences to clients.

Clinician/Graduate Student Intern

Aug. 2006 - May 2007

DAY Programs, CSU Counseling Center, Ft. Collins, CO

Acted as a multi-disciplinary team member. Developed the BASICS training manual to be utilized with future staff, interns, and practicum students.

Conducted BASICS assessments utilizing a motivational interviewing approach to college students referred by conduct services due to alcohol or drug use. Advised students on availability of other resources at Colorado State University and in the Fort Collins community. Determined recommendations for future placement of clients at risk for recidivism. Provided individual therapy to clients assigned to the Back-On-TRAC Program. Managed a caseload of individual clients assigned to the Back-On-TRAC Program. Documented accurate client records. Facilitated psycho-education groups in relation to alcohol education and change processes. Acted as liaison with Student Conduct Services. Attended weekly supervision, staff meetings, staffing of clients, and open/closed-case reviews. Made available relevant information to probation officer as requested while adhering to limits of confidentiality. Provided outreach and education programs to the Colorado State University community.

Residential Education Counselor

Jul. 2005 - Oct. 2006

Turning Point Center for Youth and Families, Ft. Collins, CO

Counseled female and male adolescent residents with a variety of presenting concerns including: alcohol and drug abuse, behavioral issues, eating disorders, relationship problems, and learning disabilities. Tutored students towards completion of GED or High School Diploma. Documented daily behavioral assessments and maintained accurate records. Acted as substitute teacher. Carried out daily lesson plans in a variety of subjects. Aided in classroom and milieu management. Provided crisis intervention.

Education Experience:

Education Coordinator/ Museum Curator

Nov. 2002 - Dec. 2003

Marie Selby Botanical Gardens, Sarasota, FL

Responsible for adult continuing education, children's summer camp, art exhibitions, course development, staffing contracts, events, staff and class scheduling, collections, database maintenance, budget reports and customer service. Managed artist contracts, scheduling and installation of art exhibitions. Facilitated registration for adult classes and children's summer camp. Arbitrated customer concerns. This position demanded extensive phone work, accurate data entry and the ability to adapt to a changing work environment.

Music Educator

Aug. 1994 - Aug. 2000

Lincoln Junior High School, Ft. Collins, CO

Completed Poudre School District Standards in music education. Provided music education to students in instrumental music performance and music appreciation. Conducted orchestra, jazz ensemble, and band concerts. Maintained adherence to district standards in music education and classroom management. Consulted with parents and teachers. Assessed student's progress. Developed lesson plans. Initiated development of jazz ensemble. Collaborated with department head in planning, concert scheduling, and recruiting. Taught one semester of drama. Communicated with diverse populations in a culturally sensitive and competent manner.

Professional Music Experience:

Private Music Educator and Professional Musician Aug. 1980 - present

Ft. Collins, Co

Provides instruction to students of all ages and backgrounds in instrumental music, music theory and performance. Coaches students in a variety of musical styles. Develops individualized lesson plans. Coordinates scheduling and maintains financial records. Adjusts teaching modality to multiple learning styles. Performs with various music groups. Creates music and music arrangements. Adapts to diverse situations. Travels to various domestic and global locations. Records with various artists.

Publications:

Developing a Brief Integrative Biopsychosocial Screening Instrument to Investigate Influences of Alcohol Use in College Age Students: A Mixed Research Study. Rein, Carlson, Matheson, Gloeckner, & MacQuiddy, August 2011(dissertation submitted for publication)

Correlates of Success Among Clients in the Back on TRAC Program During its First Four Years. Matheson, Gloeckner, Rein, & Miller, Journal of Student Affairs and Higher Education (SAHE), April 2009

Presentations:

CEU Event, Biopsychosocial Influences of Alcohol Use
AspenRidge North
December 2018

Performing Counselors Counseling Performers: Working With Musicians and Substance Use Disorders, American Psychological Association Conference, August 2016

Developing a Brief Integrative Biopsychosocial Screening Instrument to Investigate Influences of Alcohol Use in College Age Students: A Mixed Research Study. Rein, Carlson, Matheson, Gloeckner, & MacQuiddy, August 2011(dissertation defense June 8, 2011)

Correlates of Success Among Clients in the Back on TRAC Program During its First Four Years, American Education Research Association (AERA) Annual Meeting, June 2009

Correlates of Success Among Clients in the Back on TRAC Program During its First Four Years, Developmental Psychobiological Research Group (DPRG) Annual Meeting, May 2008.

Conferences Attended:

American Society of Addiction Medicine Conference	Apr. 2019
Colorado Winter Symposium	Jan. 2019

Colorado Winter Symposium	Jan. 2018
American Counseling Association Conference	Mar. 2017
National Conference on Addictive Disorders	Aug. 2016
American Psychological Association Conference	Aug. 2016
American Counseling Association Conference	Mar. 2015
American Counseling Association Conference	Mar. 2014
American Counseling Association Conference	Mar. 2013
Power, Fame and Recovery National Conference	Sept. 2011
Evolution of Psychotherapy Conference	Dec. 2009
American Education Research Association (AERA)	June 2009
Developmental Psychobiological Research Group (DPRG)	May 2008

Community Service/Outreach:

MusiCares Volunteer Community Liaison, Bohemian Nights	2009-present
Guest Speaker on Addiction Education & Treatment Issues	2007-present
Board Member Harmony Foundation Alumni Advisory Board	2012 - 2014
Board Member Youth Orchestras of the Rockies	2011 - 2013
Restorative Justice Volunteer	2006 - 2013
Judge for Celebrate Undergraduate Research & Creativity Posters	April 2010
National Alcohol Awareness Day Volunteer	April 2006
Active Minds Panel Member	Feb. 2007

Professional Memberships & Awards:

American Society of Addiction Medicine	June 2017
Denver Musicians Association	July 2011
National Association of Addiction Professionals	Jan. 2011
CSU Department of Student Affairs Bridges Award	May 2010
National Certified Counselor	Mar. 2009
American Education Research Association	Dec. 2009
National Board of Certified Counselors	Jan. 2009
American Counseling Association	Jan. 2007